

Retreat and recreate your life 2019

Clear your path to fulfilment, joy and freedom
in our Safe Space



Learn powerful tools to heal your past, change your present and create
your future as you want it.

A residential **three part** course in the beauty and peace of The Elan Valley.

Part 1 18th – 20th January

Part 2 15th – 17th February

Part 3 15th – 17th March

Note: Runs from Friday 5pm until Sunday 5pm

Numbers are restricted so book early. We have two double rooms with ensuite bathrooms and one self-catering apartment. All have far reaching views. Vegetarian wholefood meals are included in the cost and we cater for those with food intolerances. We have a spring water supply and low EMR.

Personalised one to one therapeutic support is available if required.

For further information please email us at retreats@dolifor-centre.com